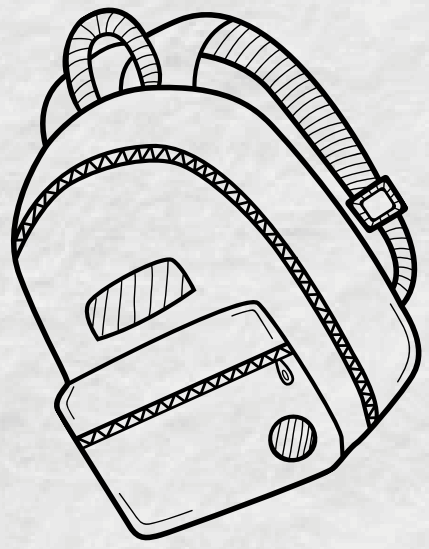


BULLYING AND HARASSMENT: A VOLUNTEERS GUIDE FOR SUPPORTING STUDENTS

WHAT IS BULLYING?

Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself. This is different from fighting or rough and tumble play.

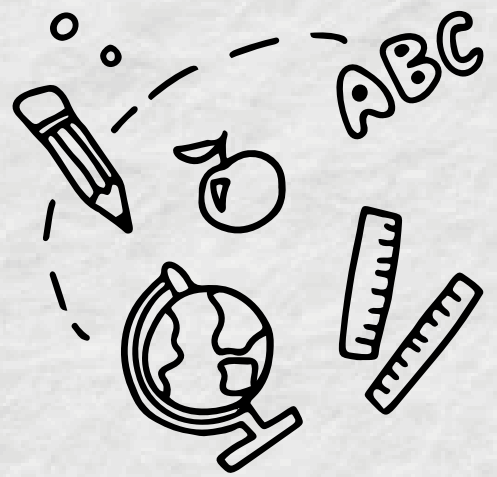


WHAT CAN I DO?

If you witness bullying first, in an effort to stop the bullying behavior, support the student who was the target. Emphasize that you are a caring adult in the school. Then, immediately inform a staff member of the bullying behavior so they can follow up with the students involved.

ANTI-BULLYING RULES

- We will not bully others
- We will try to help students who are bullied.
- We will try to include students who are left out.
- If we know that someone is being bullied, we will tell an adult at school and an adult at home

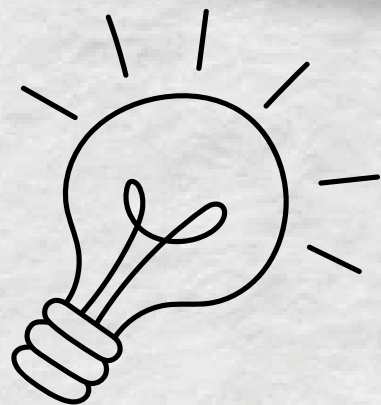


WHAT TO DO IF YOU SUSPECT BULLYING IS HAPPENING OR IT IS REPORTED TO YOU

If you suspect a student is being bullied or a student comes to you and says they are being bullied, or their friend is being bullied, talk to a teacher or building facilitator immediately. Tell them exactly what the student told you so they can follow up.

BE AWARE OF THESE POTENTIAL BULLYING BEHAVIORS:

- Teasing • Name calling • Insults • Unkind comments • Physical threats • Comments about someone's body • Staring that makes someone uncomfortable • Pulling hair or clothes • "Dirty" jokes, notes, or pictures • Gestures with the hands or body • Unwanted touching • Exclusion • Rumors • Inappropriate texts, emails, and IMs



QUESTIONS?

These people can help:
Building Principal or Facilitator
Matthew Alexander, Curriculum Lead for SS and Learning Supports (319) 848-5328x1243
Emily Collins, District Volunteer Coordinator (319) 848-5224x2001

VOLUNTEER SERVICES

