



## Stop the Bleed training and Hands only CPR!

Where:

**Fairfax Fire Department** 

525 Vanderbilt St, Fairfax, IA

When:

January 22<sup>nd</sup> 7pm-9pm

Why:

Knowing how to save a life is important because it equips you with the ability to potentially intervene in critical emergency situations, potentially making the difference between life and death for someone in need, whether it's a family member, friend, or stranger, by providing immediate first aid or life-saving techniques when necessary; essentially, it allows you to act confidently and effectively during unexpected medical emergencies.

Limited seating so sign up soon!

Email Erica.albaugh@unitypoint.org

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